



Outbound Packing List

Here is a list to make sure you have everything you need for Outbound Camps!

See www.sunnybrae.ca/Outbound for list of items provided by SBC

- Items to pack for the trail ***items will be repacked into dry bags provided by camp***:**
 - Sandals for wearing in canoes [1 pair]
 - Closed toe shoes for dry land [1 pair]
 - Socks (wool or thinner material for quick drying) [3 pairs]
 - Hiking pants [1 pair]
 - Fleece pants [1 pair]
 - Hiking shorts [2 pairs]
 - Underwear (not cotton) [3 pairs]
 - Quick dry T-shirt (polypropylene, polyester or wool) [2 pair]
 - Rain jacket or rain poncho
 - Fleece jacket or hoodie (medium weight)
 - Hat
 - 1 L Water bottle (SBC can provide)
 - Small Bible (SBC can provide), journal & pen, packed in Ziplock bag so it is ideally waterproof
 - Sunscreen (small bottle)
 - Toothbrush & toothpaste
 - Deodorant
 - Small flashlight or headlamp
 - Towel (small)
 - Swimsuit (no bikinis or speedos pls!)

- Items to pack in a separate bag, to leave at camp for your return:**
 - Soap & shampoo
 - Extra pair of shoes
 - One complete set of clean clothes
 - Underwear – 2 pairs

See next page...



Do not pack:

- Anything cotton, if possible (takes too long to dry)
- *Valuables (i.e. jewelry)
- *Electronics / anything with a cord

**We don't want these items to be damaged or lost on the trip, and we have found that cellphones especially are a huge distraction from the camping experience; there also will not be cell service during some parts of the trip, so SBC staff will be carrying a satellite phone.*

There is no room for packing a pillow, unless you purchase specifically a camping pillow, but you can bring a pillowcase to stuff your clothes into or roll up a jacket or hoodie to serve that purpose.